



Gateway to Hope
Training Program of HHCI

Attention Deficit / Hyperactivity Disorder (ADHD)

What is ADHD?

- AD/HD is a persistent pattern of inattention and/or hyperactivity-impulsivity that interferes with functioning or development and can cause a person to have difficulty sustaining focus

Know the Types and Symptoms

- **Inattentive Presentation**
 - Wandering off task
 - Lacking persistence
 - Difficulty sustaining focus
 - Disorganized

Know the Types and Symptoms

- **Hyperactive Presentation**

- Inability to sit still
- Frequently moves around
- Difficulty doing things quietly
- Excessive fidgeting, tapping, or talking

Know the Types and Symptoms

- **Combined Presentation**
 - Social intrusiveness
 - Impatience
 - Difficulty waiting to talk or react
 - Often interrupts others

Treatments and Therapies

- **Psychostimulants Medication**
 - Improves attention and increases activity in under-activated areas of the brain
- **Behavior Modification Therapy**
 - Structured treatment that increases positive behaviors and decreases undesirable ones