

Substance Abuse & Addiction

About Substance Abuse & Addiction

Substance and alcohol are often used to self-medicate from heightened stress or psychological distress. This often can cause behavioral issues or relationships to be damaged. Substance use disorder (SUD) is a treatable mental disorder that affects a person's brain and behavior, leading to their inability to control their use of substances, such as legal or illegal drugs, alcohol, or medications.

Substance Abuse & Addiction Facts

Substance Abuse in the Workplace



According to the National Safety Council, jobs in construction, truck driving, mining, and some service industries have higher rates of alcohol and substance use disorders which is a medical condition characterized by uncontrollable use of alcohol or other substances despite the negative consequences.

Impact of Substance Abuse



Substance use disorders occur when the recurrent use of alcohol and/or drugs causes clinically significant impairment, including health problems, disability, and failure to meet major responsibilities at work, school, or home.

Statistics



Only 10.3 percent of people with SUD received SUD treatment this past year.



17 Million

U.S. adults experienced both a mental illness and a substance use disorder in 2020.



Individuals resort to substance and alcohol abuse to cope with work stress.